

Reconciliation Preparation Worksheet (English Version)

This script is designed for you and you son/daughter to prepare for the reconciliation. It is important that you go through this worksheet to help guide them. As a parent, your role is to act as the priest and respond appropriately in this script for your kids to know how to carry out the steps of reconciliation. Have your students fill out this worksheet with you.

Hello, my name is _____.

Student response: “In the name of the Father, and of the Son, and of the Holy Spirit. Amen.”
(You will **MAKE THE SIGN OF THE CROSS.**)

Student response: “Bless me, Father, for I have sinned. This is my first confession.”

Student response:

“These are my sins:_____.” (Parents, have your child list out their sins below)

Student response: “I am sorry for these and for all of my sins.”

Parents (Priest) response: “I assign you to say A PRAYER or carry out a KIND DEED.”

Examples of prayers: Our Father, Hail Mary, Kinh An Nan Toi

Examples of a kind deed: pray for others around you, tell your parents you love them..

Student response: “Yes Father.” (You will **NOD your head when you reply “Yes Father.”**)

Parents (Priest) response: “Students, I ask of you to repeat the Act of Contrition.”

Student response: (Please read the Act of Contrition out loud)

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against You,
Whom I should love above all things,
I firmly intend, with Your help,
To do penance, to sin no more,
And to avoid whatever leads me to sin.
Our Saviour Jesus Christ, suffered and died for us.
In His name, my God, have mercy. Amen.

The priest will give us an ABSOLUTION; which is the Lord's Forgiveness.

Parents (Priest) response: "Students, for all that you have sinned, God will forgive you of your sins to rebuild and renew this relationship with God."

Parents (Priest): (Please dismiss the students by giving them a HANDSHAKE or another sign of peace)

Student response: "Thank you, Father."

Students: (DO the penance that the priest assigned to you, either saying one prayer, or doing a kind deed.)

Students: "Thank you God for your mercy and the strength we have received in the Sacrament of Reconciliation."